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Grand Traverse Bay

GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

231-929-2869 www.gtbaygymnastics.com

News Release

submitted by
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January 17, 2019

GT Bay Gymnastics

Winter Cup Classic All-Around Champions

(Birch Run, MI) – Seven competitors from GT Bay Gymnastics did more than “merely” win all-around gold-medal championships in their respective divisions at the 2019 Winter Cup Classic meet at Birch Run.

Sophie Tucker, Montana Timmer, Maya Carrazco, Dahlia Evans, Kelsey Saxton, Avery Lahti, and Norah Galton took it a step further, finishing with top 40 scores among all levels and ages amid a field of 28 teams and 982 competitors from Michigan and the surrounding region.

“It’s hard enough to win a single event in your division, and four times as hard to win the all-around championship,” said coach Jennifer Van Deirse, “but to score overall better than 96% of all the other competitors is an extra source of pride for our girls.”

USA Gymnastics Women’s Junior Olympic (JO) meets consist of individual competitions on four events – vault, bars, beam, and floor, with event totals tallied for an all-around score out of a perfect 40.000. Sophie Tucker’s team-leading score of 37.375 placed her in the top 1% of all competitors at all levels and age divisions.

Tucker, Saxton, and Lahti earned their all-around championships at Level 6. Teammates Katie Frank (first-place vault, first-place beam, second-place floor and all-around) and Ava Hodges (second-place beam and floor, fourth-place all-around) contributed to the team score of 110.425 to win the Level 6 gold-medal team championship.

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“Where Grace Abounds”

Tucker individually won event championships on vault and bars, placing second on beam and floor. Saxton won bars and placed fourth on vault and beam, while Lahti finished second on beam, third on vault, and fourth on bars and floor.

The Level 7 Grand Traverse Bay Gymnastics team led by all-around gold medal championships by Montana Timmer and Maya Carraczo also brought home a team championship banner. Timmer won vault, bars, and floor on the way to her all-around gold medal, and Carraczo won bars and beam. Jayla Ristow rounded out the scoring for the Level 7 team, finishing second on both bars and floor, and fourth all-around.

Dahlia Evans nearly swept the Level 8 Senior division by winning gold championship medals on vault, bars, beam, and all-around, while placing third on floor. Norah Galton won her all-around championship in the Junior division of Level 8 by winning an event gold medal on bars, combined with third-place event bronze medals on beam and floor. Sister Olyvia Galton competed at Level 9, where she won the bars championship and place third on beam and all-around.

Earning a fourth-place Level 3 team banner were Maeve Carlson (first-place beam, third-place bars and all-around), Kianna LeBreck (first-place bars, third place vault), Izzy Brooks (second-place vault, third-place beam and all-around), Adeline Carlson (second place floor), Skylar Hawkins (third-place vault, bars, and all-around), Brooklyn Swift (fourth-place vault), Delanie Bisbee (seventh-place floor), and Lilah Groves (14th-place beam).

The Grand Traverse Bay Gymnastics teams next compete at the Athlete Warrior Challenge in Warren, MI January 25 - 27. For more information about Grand Traverse Bay Gymnastics, go to www.gtbaygymnastics.com, or contact Betsy Van Deirse at 929-2869.



Sophie Tucker – Level 6 Champion
Vault, Bars, All-Around



Montana Timmer – Level 7 Champion
Vault, Bars, Floor, All-Around



Maya Carraczo – Level 7 Champion
Bars, Beam, All-Around

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“Where Grace Abounds”



**Norah Galton – Level 8 Champion
Bars, All-Around**



**Kelsey Saxton – Level 6 Champion
Bars, All-Around**



**Avery Lahti – Level 6 Champion
All-Around**



**Dahlia Evans – Level 8 Champion
Vault, Bars, Beam, All-Around**