



929-2869

Grand Traverse Bay

GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

231-929-2869 www.gtbaygymnastics.com

News Release

submitted by
Betsy Van Deirse

January 30, 2023

“Athlete Warriors” Find Gold Down State

(Warren, MI) – Grand Traverse Bay gymnasts earned 29 medals this past weekend at the Athlete Warrior Challenge in Warren, MI, including nine championship gold medals, eight second-place silver medals, and nine third-place bronze medals.

Zahra Mitchell and Skylar Hawkins finished in first and second place, respectively, in their Level 6 division, as they have done each meet this season. Mitchell's 37.325 championship all-around score came by way of a gold medal performance on bars, a second place silver medal on beam, and third place bronze medals on both floor and vault. Hawkins was just one tenth of a point behind in the all-around scoring, but took home first place gold medal honors on vault and floor. In the past three meets combined, the cumulative difference in all-around scoring between the two gymnasts is just one quarter of a tenth of a point!

“Zahra and Skylar have been pushing each other all season,” commented coach Jennifer Van Deirse. “And Zoe, Tabby [Pritchard], Lilah [Groves], and Maeve [Carlson] have been right behind them to make for a very strong Level 6 team this year.”

Other multiple medal awards were won by Level 3 gymnast Macie Macnowski (first-place gold on vault and all-around, second-place silver on beam, and third place bronze on floor), Level 4 Addie Tillman (three first place gold medal championships – beam, floor, and all-around), Level 4 Lily Doornbos (silver on beam, floor, and all-around, and bronze on bars), and Level 3 Henri Cnossen (bronze bars and beam routines). Cnossen's consistent scoring put her in fourth place all-around on the podium.

Naima Mitchell also earned a gold medal for her Level 4 vault, Norah Reed won gold for her Level 4 beam routine, and Montana took a first-place Level 9 gold medal on vault. At Level 7, Olivia Crane captured a second-place silver medal on vault and a bronze medal on floor, and Izzy Brooks placed third on bars. Level 6 competitors Tabitha Pritchard and Zoe Butler place second on vault and third on beam, respectively.

The Grand Traverse Bay Gymnastics teams next compete at the Presidential Classic in Orlando, FL February 17 - 20. For more information about Grand Traverse Bay Gymnastics, now located in the Grand Traverse Mall, go to www.gtbaygymnastics.com, or contact Betsy Van Deirse at 929-2869.

Grand Traverse Bay Gymnastics * 1100 Woodmere, Ste A * Traverse City, MI 49686 * 929-2869 * www.gtbaygymnastics.com

“Where Grace Abounds”



Level 4 Beam Champion Norah Reed



Level 9 Vault Champion Montana Timmer



Level 4 Vault Champion Naima Mitchell



Level 4 Beam, Floor, and AA Medalist Silver Lily Doornbos

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