



929-2869

Grand Traverse Bay

GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

231-929-2869 www.gtbaygymnastics.com

News Release

submitted by
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Mitchell Wins State!

(Warren, MI) – Last weekend, Zahra Mitchell won a gold medal at the Level 6 Region 5 gymnastics competition. Not to be outdone, younger sister Naima Mitchell collected a post-season gold medal of her own this weekend, winning at Level 4 for her vault, just as Zahra had done.

The sibling rivalry did not end there, as both competitors placed fourth in the all-around scoring, Zahra with a 37.100, and Naima with a 36.700. Naima is quick to point out, however, that big sister may have bested her all-around, but her 9.550 vault score was better than Zahra's by a tenth of a point.

Level 4 gymnasts Addie Tillman and Lily Doornbos also earned medals for the Grand Traverse Bay team, both collecting third place bronze on floor in their respective divisions. Also competing at Level 4 for the local team were Sophie Olson (9th place floor), Norah Reed (8th place vault), Sarah Sheeran (5th place floor), and Marlee Travis (16th place bars).

1,033 Michigan gymnasts competed for the top honors. GT Bay Level 3 gymnasts included Stella Livorine (4th place vault and floor), Macie Macnowski (4th place vault), Alora Wheelock (12th place beam), Henry Cossen, and Margaux Slater.

The Level 3-5 State Meet was the final competition of the season for Grand Traverse Bay Gymnastics – a season ending with 20 state and regional medal finishes, including six gold medals.

For more information about Grand Traverse Bay Gymnastics, now located in the Grand Traverse Mall, go to www.gtbaygymnastics.com, or contact Betsy Van Deirse at 929-2869.

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“Where Grace Abounds”

**Right: Naima Mitchell,
2023 Level 4 State Vault
Gold Medal Champion**

**Below Left: Addie Tillman
2023 Level 4 State Floor
3rd Place Bronze Medalist**

**Below Right: Lily Doornbos
2023 Level 4 State Floor
3rd Place Bronze Medalist**

