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*Grand Traverse Bay*

# GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

231-929-2869 [www.gtbaygymnastics.com](http://www.gtbaygymnastics.com)

## News Release

submitted by  
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# GT Bay Gymnasts Conquer Athlete Warrior Challenge

(Warren, MI) – Six competitors from Grand Traverse Bay Gymnastics conquered the Athlete Warrior Challenge Junior Olympic meet this past weekend.

Sophia Tucker, Maeve Carlson, Kelsey Saxton, Dahlia Evans, Avery Lahti, and Jayla Ristow each finished atop the podium in their respective divisions as all-around champion.

Tucker's top score of 37.775 came by way of first-place gold medal finishes on bars, beam, and floor. Saxton and Ristow also won multiple events toward their all-around championships. Saxton earned gold medals on bars and beam, while Ristow claimed event championships on bars and floor.

In all, Grand Traverse Bay gymnasts brought home 30 event gold medals in addition to the all-around championships. Winners included Adeline Carlson (beam), Skylar Hawkins (vault), Izzy Brooks (bars), Ava Hodges (beam), Dahlia Evans (beam), Avery Lahti (bars), Kianna LeBreck (vault), Norah Galton (bars), and Maya Carrasco (floor).

Also competing for the Traverse City team which trains out of the former MC Sports building near Grand Traverse Mall were Olyvia Galton (3<sup>rd</sup> place floor), Montana Timmer (3<sup>rd</sup> place beam), Brooklyn Swift (9<sup>th</sup> place all-around), Katie Frank (10<sup>th</sup> place bars), Lilah Groves (11<sup>th</sup> place vault and beam), and Delanie Bisbee (12<sup>th</sup> place beam).

The Level 6 team of Tucker, Saxton, Hodges, Lahti and Frank captured the first place crown among the 51 clubs from around the Midwest that were represented. Maeve and Adeline Carlson, Izzy Brooks, Brooklyn

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*"Where Grace Abounds"*

Swift, Kianna LaBreck, Delanie Bisbee, and Lilah Groves comprised the Level 3 team which placed second in that division. In all, 545 gymnasts competed at the event.

The Grand Traverse Bay Gymnastics teams next compete at the prestigious “Chicago Style” meet at Navy Pier in Chicago February 8 – 10. For more information about Grand Traverse Bay Gymnastics, go to [www.gtbaygymnastics.com](http://www.gtbaygymnastics.com), or contact Betsy Van Deirse at 929-2869.



**Sophie Tucker – Level 6 Champion  
Bars, Beam, Floor, All-Around**



**Maeve Carlson – Level 3 Champion  
All-Around**



**Avery Lahti – Level 6 Champion  
Bars, All-Around**



**Jayla Ristow – Level 7 Champion  
Bars, Floor, All-Around**



**Kelsey Saxton – Level 6 Champion  
Bars, Beam, All-Around**



**Dahlia Evans – Level 8 Champion  
Beam, All-Around**

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*“Where Grace Abounds”*