



929-2869

Grand Traverse Bay

GYMNASTICS

Northern Michigan's Premiere Gymnastics Center

231-929-2869 www.gtbaygymnastics.com

News Release

submitted by
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Gymnasts Find Gold

(Dimondale, MI) – Grand Traverse Bay Gymnastics teams entered the Lansing Twistars meet this past weekend with two of their top competitors, Kyrstyn Strehlke and Avery Wisniewski, sidelined with injuries. That didn't slow down their teammates, though, as they stepped up to claim 20 gold, 13 silver, and 10 bronze medals, including a first place Level 6 team championship and third place Level 5 team finish.

Montana Timmer and Jayla Ristow led the Level 6 team effort with individual all-around first place gold medals. Timmer also won individual event gold for her vault, bars routine, and floor exercise. Ristow won bars and placed third on vault and floor to earn her all-around title.

It was a 1-2-3-4 podium sweep for the Level 6 team, with Ella Wendel capturing the silver medal all-around just 15/100th of a point behind teammate Ristow. Wendel won individual event gold medals on vault, bars and floor. Grand Traverse Bay gymnast Maya Carrasco finished third all-around behind Wendel by an even tighter margin – just 125/1000th of a point. Carrasco also won bronze on bars and beam. Chloe Christenson stood 4th on the podium all-around, with second place bars and floor scores.

Mattea Ball and Norah Galton similarly finished first and second, respectively, in Level 7 all-around scoring. Ball's 9.600 floor routine won her the first place gold medal on that event, backed up by a second place silver medal finish on beam and a 3rd place vault. Galton won beam and captured second place on floor to earn her the second place silver medal all-around. Seryna Javin rounded out the Level 7 team scoring with a 9.400 tie for first place on floor contributing to a 6th place all-around finish.

Level 5 team members combined for a third place all-around result. Competitors include Ava Wendel (2nd place bars and 5th all-around), Sophia Tucker (2nd place floor), Katie Frank (4th place bars), Emma Egelski (6th place bars), Peyton Zipser (7th place all-around), and Natalia Cotturone (13th place all-around).

The competition included 360 gymnasts from 23 teams throughout Michigan and Region 5.

Grand Traverse Bay Gymnastics * 1100 Woodmere, Ste A * Traverse City, MI 49686 * 929-2869 * www.gtbaygymnastics.com

"Where Grace Abounds"

Olyvia Galton and Dahlia Evans competed at Level 8 for Grand Traverse Bay Gymnastics. Galton's 36.400 all-around score earned her the first place gold medal, bolstered by a first place beam routine and a second place vault. Evans captured third place on floor and finished 5th all-around.

Also competing were Level 4 gymnasts Avery Lahti (1st place bars and 4th all-around), Ava Hodges (3rd place bars), and Rylee Herban (4th place floor and 7th all-around).

The Grand Traverse Bay Gymnastics teams next compete at the Winter Cup Classic in Birch Run, MI, January 12 - 14. For more information about Grand Traverse Bay Gymnastics, go to www.gtbaygymnastics.com, or contact Betsy Van Deirse at 929-2869.



All-Around Gold Medal Champions (l to r):

Mattea Ball (Level 7), Olyvia Galton (Level 8), Jayla Ristow (Level 6), Montana Timmer (Level 6)

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“Where Grace Abounds”